

Horario de Clases

Lunes	Martes	Miércoles	Jueves	Viernes	Sábado
7.00 Reformer Multinivel	7.00 Reformer Multinivel	7.00 Reformer Multinivel	7.00 Reformer Multinivel		
				7.30 Reformer Multinivel	
8.00 Reformer Multinivel	8.00 Reformer Multinivel	8.00 Reformer Multinivel	8.00 Reformer Multinivel		8.00 Reformer Multinivel
	8.00 Pilates Mat		8.00 Pilates Mat		
9.00 Reformer Multinivel	9.00 Reformer Multinivel	9.00 Reformer Multinivel	9.00 Reformer Multinivel	8.30 Reformer Flex	8.30 MoTR
		9.00 Mat Básico	9.00 Pilates Mat		9.00 Reformer Multinivel
10:00 Reformer Multinivel	10:00 Reformer Multinivel	10:00 Reformer Multinivel		9:30 Reformer Multinivel	9.30 Barre
					10.00 Reformer Multinivel
4.00 Reformer Multinivel	4.00 Reformer Multinivel	4:00 Reformer Multinivel	4:00 Reformer Multinivel	4.00 Reformer Multinivel	10:30 Pilates Mat
4.30 Barre					
5.00 Reformer Multinivel	5.00 Reformer Multinivel	5.00 Reformer Multinivel	5.00 Reformer Multinivel		
5.30 Pilates Mat		5.30 Barre	5.30 Pilates Mat	5.30 Reformer Avanzado	
6.00 Reformer Multinivel	6.00 Reformer Multinivel	6.00 Reformer Multinivel	6.00 Reformer Multinivel		
	6:00 MoTR				
7.00 Yoga	7.00 Reformer Flex	7.00 Reformer Multinivel	7.00 Reformer Multinivel		
7.00 Reformer Multinivel	7.00 Barre	7.0 Pilates Mat			

Actualizado a Enero 2024

Horario sujeto a cambios

RESERVACIONES 2 HORAS Y CANCELACIONES 3 HORAS ANTES DEL INICIO DE LA CLASE